
AVIAN & EXOTIC CLINIC
of the Monterey Peninsula

20 Lower Ragsdale Drive
Suite 150
Monterey CA 93940

Suggested Vegetables for Rabbits

Select at least three kinds of vegetables daily. A variety is necessary in order to obtain the necessary nutrients, with one each day that contains Vitamin A, indicated by an *. Add one vegetable to the diet at a time. Eliminate if it causes soft stools or diarrhea.

Alfalfa, radish & clover sprouts
Bail
Beet greens (tops)*
Bok Choy
Broccoli (mostly leaves/stems)*
Brussel sprouts
Carrot & carrot tops*
Celery
Cilantro
Clover
Collard greens*
Dandelion greens and flowers (no pesticides)*
Endive*
Escarole
Green peppers
Kale (!)*
Mint
Mustard greens*
Parsley*
Pea Pods (the flat edible kind)*
Peppermint leaves
Raddichio
Raspberry leaves
Romaine lettuce (no iceberg or light colored leaf)*
Spinach (!)*
Watercress*
Wheat grass

(!) = use sparingly. High in either oxalates or goitrogens and may be toxic in accumulated quantities over a period of time.

Suggested Fruits for Rabbits

Apple (remove stem & seeds)
Blueberries
Melon
Orange (including peel)
Papaya
Peach
Pear
Pineapple
Plums
Raspberries
Strawberries

Sugary fruits such as bananas and grapes should be used only sparingly, as occasional treats. Bunnies have a sweet tooth and if left to their own devices will devour sugary foods to the exclusion of healthful ones.